

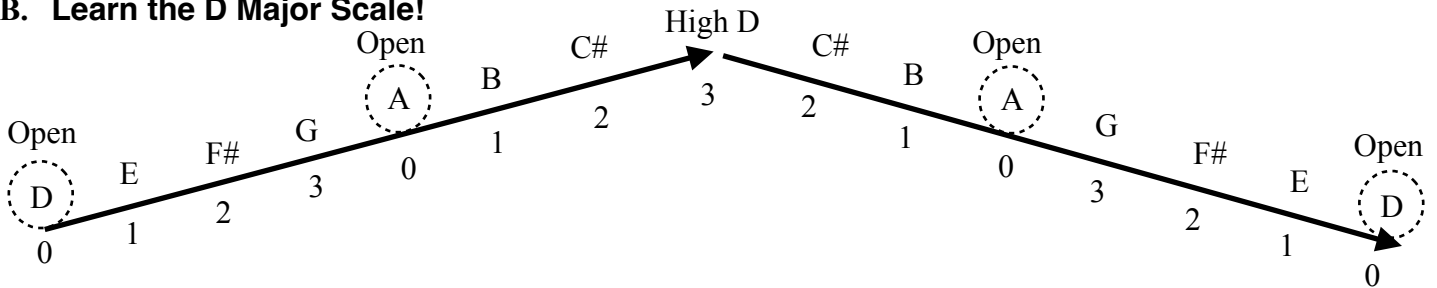
### Lesson #3 Vln/Vla

#### A. Review Left Hand Set-up

Checklist for Left Hand:

- ✓ Do my fingers make nice tabletops by having the TIPS of my fingers touch the strings?
- ✓ Is my thumb relaxed?
- ✓ Do I have a bunny hole?
- ✓ Is my wrist straight?

#### B. Learn the D Major Scale!



#### C. Learn Hot Cross Buns!

F# - E - D  
2 - 1 - 0

F# - E - D  
2 - 1 - 0

DD DD EE EE  
00001111

F# - E - D  
2 - 1 - 0

### PRACTICE!

		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Review Left Hand Set up	5x							
D Major Scale	5x							
Hot Cross Buns	2x							

#### Lesson #3 Objectives:

Properly set up Instrument in playing position

Properly set up Left Hand

Understand how the left hand works: putting fingers down on a string will create new notes

Successfully complete Book exercises #2-#9